



# The Mercy Messenger

Volume 8, Issue 2

A Newsletter of the Healing Hidden Hurts Ministry

Winter 2010

## The Story of "Kate"

'Kate' (not real name) was a divorced mother of two boys who was working full time to provide for them. In time she became involved with a man who she fell in love with and she became pregnant. When he did not want their child she had an abortion and broke off their relationship. Wounded and hurt she was resolved to go it alone.

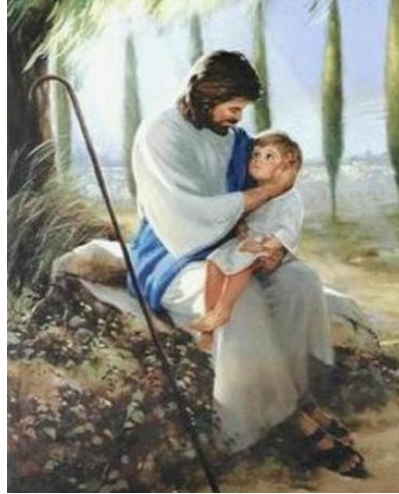
But in time another man came into her life, and about the time she realized she was pregnant she also saw that this man did not treat her or her children right. She wanted no connection to this man through a child. But when she returned to Planned Parenthood she saw Bob, the man who had tried to dissuade her from her previous abortion. He remembered her ... she couldn't believe he was still there!

Bob spoke to her again and this time she accepted the help offered through Eileen and the Gabriel Project. She was counseled and given an 'angel' to help her throughout her pregnancy. She was really struggling emotionally and spiritually from her first abortion and was interested in a recovery program. She was given some options and contacted me and we soon began the Ten Step program.

Because 'Kate' was a single mother working full time, the only day she had available for our sessions was on Saturday mornings. She had family members help with child care for the boys at the beginning, but that didn't last.

We had five sessions before she had her beautiful baby girl and when we resumed I arranged for a dependable high school girl Katelyn to watch the boys on site while we had our sessions. After the first time Katelyn watched the boys she offered to bring her little brother Nick to help the brothers feel more at ease. Nick also brought and shared some of his toys and the boys played very well together.

During our eighth step it occurred to me that 'Kate' was completing her scripture assignments from memory. So I asked if she had a Bible and she said she did not. I knew I had one Bible left in my closet, so I asked if she would like one and she quickly replied, "yes, I would love one!" When I handed it to her she immediately opened it and searched



through the book with excitement and marveled, "I always wanted a complete bible, with all the books and verses!" It was one of those moments when you knew something wonderful just happened ... something beautiful and profound!

Later when I was driving Katelyn and her little brother Nick home, she told me what happened with the boys that morning. The two brothers began to argue and Nick told the older boy that he shouldn't speak to Jesus that way. He looked at Nick funny and said "I wasn't speaking to Jesus; I was speaking to my brother." But Nick told him, "Whatever you say to your brother you are saying to Jesus." The boy was stunned, but got the point. Wow! Truly something marvelous happened that day for each of us. What a privilege it is to witness the awesome works of God!



*Wishing all a  
Blessed and Merry  
Christmas  
and a  
Hope  
filled New  
Year!*



Please remember to pray everyday... for all those who have participated in abortion"



## Healing Hidden Hurts

How it began...and how you can help

by Debbie Miller

In 1999 **Healing Hidden Hurts** began after many years of prayer and discernment. I guess it was because of my own abortion many years earlier.

For approximately 10 years afterwards I suffered in silence, not realizing the abortion was the cause of my pain. When I reached a point where I had impulses to commit suicide, I remembered God when I called for help and He came immediately.

A few years later I attended a **Christ Renews His Parish** weekend for women and it changed my life. In the years following my conversion I felt the need to help protect women and the unborn from abortion because I knew how they would be hurt.

I went to the abortion mills to pray. I would see the women going in and would feel overcome with a great sadness, because I knew their lives would never be the same. They had no idea what they were getting themselves into, and how much they would regret this choice one-day.

After a period of time, the Lord made it clear that He was calling me into post-abortion ministry. My own abortion and recovery experience would offer hope to others, since I could understand their pain and knew the hope to be found in Christ Jesus.

Since I began doing ministry I have discovered that abortion recovery is really a life-long process. That is why the message must reach women that abortion is a life-changing, traumatic event.

Four thousand women a day are falling for the lie our society promotes...that abortion is an option for birth control, that it is a safe, simple procedure that has little or no negative effects afterwards.

Women are often so hurt, broken and devastated after abortion they cannot speak about their experience for many years, until they find healing.

How can you help? Share the truth that abortion hurts women and men. Then join us to plant seeds of mercy and pick up the pieces of those who did not hear the message!

## Schedule for Talks



**Jan 8/9 St. Mark the Evangelist**, Indianapolis – weekend liturgies

**Jan 21/22 St. Therese of the Infant Jesus**, Indianapolis – weekend liturgies

**Jan 24 Silent No More**, Indianapolis – rally following local March for Life

**Mar 9 St. Mark the Evangelist**, Indianapolis – Ash Wednesday evening Mass

**Mar 12 Immaculate Conception**, Portland – day retreat

**TBA Elizabeth Ann Seton**, Carmel – evening talk



Many Thanks to Brandon Evans for our new website!

Congratulations are in order as they welcome their new son.

## The Mercy Messenger

is the newsletter of Healing Hidden Hurts, Inc., a non-profit, Christian-based, peer ministry offering individual abortion recovery for women.

President – facilitator: Debbie Miller  
 Spiritual Director: Rev. Dan Donohoo  
 Treasurer: Andrea Wolsifer  
 Board Members: Shannon Wenninger, Carole Williams, Kimberly Anthony  
 Webmaster: Brandon Evans

If you have questions or concerns, call or email  
 Debbie Miller:  
**(317) 490-1267 all calls confidential**  
**(800) 827-1617 toll free**  
**Debbie@Healinghiddenhurts.org**  
**www.healinghiddenhurts.org**

Please remember to pray everyday... for all those who have participated in abortion”!

# End of Year Report



- ✓ I began studies in the **Guadalupe Bible College** this year to become better equipped in this work of the new evangelization. *"Ignorance of the Scriptures is ignorance of Christ."* – St. Jerome
- ✓ **Parish visits** were few this year and so our income was affected. Instead of quarterly, this is only our second Mercy Messenger for the year. Please share your copy with others!
- ✓ *Mary's Intercessors Honoring the Holy Innocents*, prayer group has formed; offering prayer support for Healing Hidden Hurts ministry. We Praise God for our intercessors and many blessings received!
- ✓ The number of women coming through the **Ten-Step Program** has doubled this year.

## HEALING HIDDEN HURTS *Giving Opportunities Reply Form*

- I would like to be an **intercessory prayer partner** for this ministry. I want to pray that women may be restored and healed through the Grace and Mercy of God.
- I understand that this ministry is non-profit, the **women are not charged** for the help they receive. I would like to help financially so you can continue this important work.
  - This is a one time gift \$ \_\_\_\_\_ .
  - I will commit to \$ \_\_\_\_\_ each month for 12 months.
  - I will commit to \$ \_\_\_\_\_ quarterly.
  - Save postage... **no thank you necessary** - *One time gifts over \$250.00 will receive a receipt for tax purposes.*
  - I would like to distribute your brochures and newsletter in my area.

Name \_\_\_\_\_ Address \_\_\_\_\_  
street city zip  
 Signature \_\_\_\_\_ Telephone \_\_\_\_\_

- Please list my donation as anonymous on annual report.
- I would like to receive email updates of Prayer Requests and Praise Reports!  
 My email address is \_\_\_\_\_

*Please resubmit your email address if you have not received recent Praise and Prayer alerts!*

Please clip this form and return it to: *Healing Hidden Hurts \*P.O. Box 532992 \*Indianapolis, IN 46253*

Office supply gift cards  
 Postage Stamps  
 Bibles

### *Healing Hidden Hurts Wish List*

End of year gifts – Our goal in 2011 is to have a professional quality DVD produced. Our reduced cost \$3,200, please consider an end of the year gift to help us meet this goal. We need ...

- 1 gift of \$3,200
- 2 gifts of \$1,600
- 4 gifts of \$800
- 8 gifts of \$400
- 16 gifts of \$200 or
- 32 gifts of \$100



**Please patronize our underwriters who make this newsletter possible.**

**GRATEFUL THANKS to**

**Red Line Graphics**

**Express Employment Professionals**

**Homebound Properties**



**Check out TARGETED DONATION opportunities!**

Please remember to pray everyday... for all those who have participated in abortion”!

## ***HEALING HIDDEN HURTS INC.***

**P.O. BOX 532992**

**Indianapolis, IN 46253**

(317) 490-1267 **all calls confidential**

(800) 827-1617 toll free

[www.healinghiddenhurts.org](http://www.healinghiddenhurts.org)

**Forwarding Service Requested**

***Giving Love, Offering  
Hope, and Healing  
Hurts through the  
Grace of God... One  
Woman at a time!***

### ***Notes & Gifts***

“Hi Debbie, I hope you are doing fine, its been such a long time since we've had contact...I think about you all the time, and I carry you in my heart because you helped me so much, you helped me move on with my life and you helped me to have a relationship with God, a healthy one, after years of being in the dark ... I send you a big

hug and the best of wishes, A. L.”

“Dear Debbie, thank you so much for all you have done for me. It will be a blessing forever! You are a wonderful person with a truly beautiful ministry. Love, K.B.”

Jonathan and Theresa Milligan Madden; and Tom and June Pottratz gave memorial gifts honoring **Paul Clarke**, who passed away earlier this year. Paul was my pillar of strength, a mentor, an advisor and a good friend. He was dedicated to his wife Dolores and family. He believed strongly in this ministry and served as our treasurer for many years, helping with sound advice and practical help. May he rest in peace!

A donation was sent by Gary and Jennifer Lindberg as a wedding gift for **Connie and Brian Jackson** who asked people to donate money to a pro-life cause instead of buying a wedding gift. *May the good Lord bless your marriage with joy, happiness and good fruit that will last to eternity!*

***Please consider a monthly donation to support this important ministry for women. The Program offers free individual care to women who are suffering from abortion. We are non profit and are able to operate because of your donations. We have no other funding. No gift is too small, and together they will help us cover our expenses. Thanks for your generosity! You may donate securely online at [www.healinghiddenhurts.org](http://www.healinghiddenhurts.org)***

I appreciate all of you who faithfully support the ministry with your prayers, talents and finances. May God bless you and your loved ones with an abundance of God's grace for every good and perfect gift!



Please remember to pray everyday... for all those who have participated in abortion”!