



## Blessed Results!



Recently I sent a survey to the women I have facilitated over these last nine years. I thought I would share the findings with you... our wonderful ministry partners and prayer

support. I was very excited by their participation and response!

After women have completed the 10-step program we meet one month later for a follow-up visit. The follow-up session poses questions to help evaluate healing, and gives her the opportunity to ask questions and to share her experience. The door is always open for them, sometimes they call to share victories...and I love it... I can rejoice with them!

This one-to-one, 10-step program for women is very deep and thorough. And the women learn how to effectively deal with the occasional abortion fallout that may surface in the years to come.

Each woman's healing varies. Much depends on how willing she is to prayerfully prepare and honestly share. Jesus desires that all be brought into the light. *"He reveals mysteries from the darkness, and brings the deep darkness into light."* Job 12:22

Women share in the survey that they experienced deep healing in the following areas;



healing of emotions, relationships, personal growth, and their relationship with God.

Women appreciate the fact that the program is Christ centered. They experience a personal intimacy with Christ as He reveals what lay hidden, and sharing their burdens with candor brings relief.

They share how life has changed; family relationships are healed and strengthened (see back of newsletter). Many have learned

about themselves, how to communicate better and to have a more honest relationship with those they love.

Those who are able to share their abortion and healing journey with friends and family members benefit the most! By surrendering their abortion history to God and bearing witness to what His Mercy has done in their lives, their healing continues while they raise awareness and bring hope to those who also may be suffering in silence.

This program is difficult and emotionally draining, but the degree of healing women receive is very high and well worth it, and they all say they would recommend this program to others.

Most felt they have no need for further follow up visits. This is a healthy sign that healing has taken place. They can live their life in peace and put their past finally to rest!

*"The Lord is just in all His ways and holy in all His works. The Lord is near to all who call upon Him, to all who call upon Him in truth. He fulfills the desire of those who fear Him, He hears their cry and saves them."* Psalm 145:17-19

*"the degree of healing women receive is very high and well worth it, and they all say they would recommend this program to others."*

Pray EVERYDAY for those "wounded by abortion"!



## Healing Hidden Hurts

How it began...how you can help

by Debbie Miller

In 1999 **Healing Hidden Hurts** began after many years of prayer and discernment. I guess it was because of my own abortion in 1977.

For approximately 10 years afterwards I suffered in silence, not realizing the abortion was the cause of my pain. When I reached a point where I had impulses to commit suicide, I remembered God and when I called for help and He came immediately.

A few years later I attended a **Christ Renews His Parish** weekend for women and it changed my life. In the years following my conversion I felt the need to help protect women and the unborn from abortion because I knew how they would be hurt.

I went to the abortion mills to pray. I would see the women going in and would feel overcome with a great sadness, because I knew their lives would never be the same. They had no idea what they were getting themselves into, and how much they would regret this choice one-day.

After a period of time, the Lord made it clear that He was calling me into post-abortion ministry. My own abortion and recovery experience would offer hope to others, since I could understand their pain and knew the hope to be found in Christ.

Since I began doing ministry I have discovered that abortion recovery is really a life-long process. That is why the message must reach women that abortion is a life-changing, traumatic event.

Four thousand women a day are falling for the lie our society promotes...that abortion is an option for birth control, and that it is a safe, simple procedure that has little or no negative effects afterwards.

Women are often so hurt, broken and devastated after abortion they cannot speak about their experience for many years, until they find healing.

How can you help? Share the truth that abortion hurts women. Then join us to help pick up the pieces for those who did not hear the message.



**June 14 St. Joan of Arc – Pro-life Day of Recollection.** 8:00 am. – 12:30 pm. Rev. Denis G. Wilde, O.S.A., Priest Associate, Priests for Life with Pro-life guest speakers Dr. Paul Jarrett, Debbie Miller and Diane Teder-Cochrane. Free lunch. Call for reservations by June 10 (317) 923-6246 or (317) 926-4118. Free will offering.

**October 4/5 St. Anthony Church** in Indianapolis at all the Masses.

**October 14 St. Louis deMontfort** in Fishers–*Respect Life* and *Knights of Columbus* co-sponsored Chili supper. Serving begins at 5:30; Debbie will share her testimony at 7:00 pm. Free will offering will benefit *Healing Hidden Hurts*

**November Facilitator Training** Is the Lord is calling you to become a peer facilitator for women through this wonderful 10-step program? There is a great need for bilingual women also. Questions or to register contact Debbie.

### The Mercy Messenger

is the newsletter of Healing Hidden Hurts, Inc., a non-profit, Christian-based, peer ministry offering one-to-one facilitation for women who are ready to begin the process of abortion recovery.

President – facilitator: Debbie Miller  
 Spiritual Director: Rev. Vince Lampert  
 Treasurer: Judy Chapman  
 Secretary: Jean Knarr  
 Board Members: Bob Rust, Eileen Hartman, Elizabeth Kane, Norbert Lindenmaier and Bob Sparks.

If you have questions or concerns, call or email Debbie Miller:

**(317) 297-7578 all calls confidential**  
**(800) 827-1617 toll free**  
**Debbie@Healinghiddenhurts.org**  
**www.healinghiddenhurts.org**

*A special thanks... to those on our "Praise and Prayer" email list who joined us in prayer and sacrifice for the 2 women who were abortion minded, and chose life. We are very grateful for your generous response to intercede for these mothers and babies! We Thank You and Praise You Lord!*

*A big Thank you... to those who pray and encourage, those who have sent donations and those who volunteer services. Without your faithful assistance this ministry would not be able to continue!*



*I am so grateful for the women who took time to complete the survey. Your thoughtful response helps the ministry grow and progress plus it allows our readers to understand the value of the ministry in helping women. Those who support Healing Hidden Hurts are investing in the lives of women to be renewed and become the wives, mothers, daughters and children of God they have been created to be!*

*Thanks to Susan Raber for sharing her testimony at Purdue University with me in March. The Students for Life invited us to come and share our testimonies, they were a wonderful group of young adults and we hope the message we shared will continue to be retold in the months and years to come.*

*Thanks you for the Memorial Gift... from Mom in honor of Sissy: God's love, mercy and forgiveness are bigger than any pain or guilt that we carry. "Though your sins are like scarlet, they shall be white as snow; though they are red as crimson, they shall be white as wool." Isaiah 1:18*



It has been MONTHS since donations were received at St. Jude Church. Please consider sending a generous gift today to invest in the good work of the ministry...we rely on donations only...and we URGENTLY need your help!

## HEALING HIDDEN HURTS Giving Opportunities Reply Form

- I would like to be an **intercessory prayer partner** for this ministry. I want to pray that women may be restored and healed through the Grace and Mercy of God.
- I would like to distribute your brochures and newsletter in my area.
- I understand that this ministry is non-profit, the **women are not charged** for the help they receive. I would like to help financially so you can continue this important work.
  - This is a one time gift \$ \_\_\_\_\_ .
  - I will commit to \$ \_\_\_\_\_ each month for 12 months.
  - Please list my donation as anonymous on annual report.
  - Save postage...**no thank you necessary** - All gifts over \$250.00 will receive a receipt for tax purposes.
- Name \_\_\_\_\_ Address \_\_\_\_\_  
street city zip
- Signature \_\_\_\_\_ Telephone \_\_\_\_\_
- Please remove me from your mailing/email list
- Please list my donation as anonymous on annual report
- I would like to receive email updates of Prayer Requests and Praise Reports!  
 My email address is \_\_\_\_\_

Please clip this form and return it to: *Healing Hidden Hurts \*P.O. Box 532992 \*Indianapolis, IN 46253*

Pray EVERYDAY for those "wounded by abortion"!



## Words of Encouragement

**Website email:** *“I am the mother of ‘Mary’ who recently was helped tremendously by your program! I can’t believe the difference it has made in her life. I want to make a small gift to your ministry. I also want to try and give to your program on a regular basis, whenever I can afford it. I also would like to be put on your mailing list. Thank you so much for all you are doing to help other women like ‘Mary’. She and I have been close again and I owe it much of it to you! God bless, J.B.” Danville, IL*

**Card:** *“ Thank you for the email reminders. I really like it that you begin with scripture and I was glad to see the Saint Joan of Arc event on June 14<sup>th</sup> mentioned. God bless you, P.Y.” Indpls, IN*

**Card:** *Every kindness, like a flower, makes the world more beautiful. Thank you so much for coming and sharing your story and your ministry with us. Students for Life...Purdue University, W. Lafayette*

**Card:** *Thank you for all that you have done for me thru these steps. Your hours of listening to me ‘ramble on’, your gentle yet thorough questions, praying for me and especially showing me the love of Christ. You are indeed “Christ with skin on” and I felt the open arms of Jesus thru you...I wish you... and pray for you many, many blessings as you continue on your journey seeking to know God, love God and Serve Him. You are a witness to me with your faith and obedience to Him. I wish you many blessings as you minister to other people and share your story with the world. God bless you Debbie and your family always. Love, Chris Bullock, Trafalgar, IN*

**Pro-Life Coordinators** – please consider sponsoring Debbie in your parish community with this special message of hope in Christ, and the truth of the long term consequences that follow abortion!

Please consider placing the following **advertisement** in your Church bulletin...it works!

**Healing Hidden Hurts** is a ministry of healing for women wounded by abortion. This is a confidential, one-to-one, 10-step process that brings freedom and peace whether it's been 1 or 30 years. Find us online at [healinghiddenhurts.org](http://healinghiddenhurts.org) or call Debbie Miller at 317 297-7578 or (800) 827-1617. All calls are confidential; there is no fee.



### **HEALING HIDDEN HURTS MINISTRY**

**P.O. BOX 532992  
Indianapolis, IN 46253**

[healinghiddenhurts.org](http://healinghiddenhurts.org)  
(317) 297-7578 **all calls confidential**  
**(800) 827-1617**

**Giving Love, Offering  
Hope, and Healing  
Hurts through the  
Grace of God... One  
Woman at a time!**

*Pray EVERYDAY for those “wounded by abortion”!*