



The Mercy Messenger

Volume 9, Issue 2

A Newsletter of the Healing Hidden Hurts Ministry

Winter 2011

Flora's Story

"I am compelled to tell you how important Healing Hidden Hurts ministry has been for me because through this ministry, God revealed his deep love, mercy and grace to me. Of course, for many years, I wasn't even aware that I needed all of that from Him because the decision to have an abortion took away my belief that I was worthy of all He has to offer.

It all started when I was nineteen and found myself pregnant with a child I truly wanted but my partner didn't. We had different faiths and he had a career in architecture that he needed to pursue, so before I could be happy over this child, an abortion appointment was made for me. I remember feeling numb and separated during this time in my life and soon after this awful day, my partner broke off our relationship of over 5 years. I sank into deep depression and had to leave college for a week just to be near family and someone who cared for me. I returned to school and completed my college degree but I blurred those years with alcohol, drugs and a less than virtuous life style --- basically looking for



that seemed to constantly elude me. Numbed as I was, I entered into a relationship that turned into a brief

marriage filled with lies, drug use, adultery, and abuse. Somehow God protected me and gave me the strength to leave this marriage.

At this time I returned to the church in pursuit of understanding this God who grasped my hand

"I thought it was all behind me but I carried that pain through every part of my life until I could look at it once again with God and allow Him to heal me."

when I was in trouble. God has never stopped doing that....reaching out his hand to me....when He brought me to Healing Hidden Hurts I thought that most of His work had been done in my spirit and my heart, but He had even more for me!

The meetings with Debbie helped me see how many of my poor decisions were a result of the choice to have the abortion so many years ago. I thought it was all behind me but I carried that pain through every part of my life until I could look at it once again with God and allow Him to heal me.

Why choose Healing Hidden Hurts? Well, HHH offers one-to-one coaching and allowed me space to unravel all the years that had passed. I'm a grandmother now, so this was a long time ago yet it still haunted me.

The prayer support that HHH offers was tremendous---I had a 30 minute drive to meet Debbie and there could have been many reasons not to go but the prayers lifted and carried me

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Please remember to pray everyday... for all those who have participated in abortion!"



Healing Hidden Hurts

How it began...how you can help

by Debbie Miller

In 1999 **Healing Hidden Hurts** began after many years of prayer and discernment. I guess it was because of my own abortion many years earlier.

For approximately 10 years afterwards I suffered in silence, not realizing the abortion was the cause of my pain. When I reached a point where I had impulses to commit suicide, I remembered God when I called for help and He came immediately.

A few years later I attended a **Christ Renews His Parish** weekend for women and it changed my life. In the years following my conversion I felt the need to help protect women and the unborn from abortion because I knew how they would be hurt.

I went to the abortion mills to pray. I would see the women going in and would feel overcome with a great sadness, because I knew their lives would never be the same. They had no idea what they were getting themselves into, and how much they would regret this choice one-day.

After a period of time, the Lord made it clear that He was calling me into post-abortion ministry. My own abortion and recovery experience would offer hope to others, since I could understand their pain and knew the hope to be found in Christ Jesus.

Since I began doing ministry I have discovered that abortion recovery is really a life-long process. That is why the message must reach women that abortion is a life-changing, traumatic event.

Four thousand women a day are falling for the lie our society promotes...that abortion is an option for birth control, that it is a safe, simple procedure that has little or no negative effects afterwards.

Women are often so hurt, broken and devastated after abortion they cannot speak about their experience for many years, until they find healing.

How can you help? Share the truth that abortion hurts women and men. Then join us to plant seeds of mercy and pick up the pieces of those who did not hear the message! ✝

Scheduled Talks

January 14/15 – St. Monica Church, Indianapolis – weekend liturgies

February 9 - St. Anthony, Indianapolis – RCIA class presentation

TBA - St. Malachy, Brownsburg

TBA - St. Francis of Assisi, Muncie

TBA - Brownsburg HS, Teens for Life

TBA - Ritter HS, Teens for Life



Healing Hidden Hurts newsletter is a great way to raise awareness of how women are hurt by abortion and healed through the grace and mercy of God. Please share your copy with others.

For our *electronic friends* ... Please LIKE us on [facebook](#) and share God's Hope and Healing with your family and friends.

Many Thanks to ... Tim Johnson who does our design and layout for the Mercy Messenger and makes it look wonderful! Andrea Wolsifer who keeps our books and is a tremendous help. Brandon Evans our talented webmaster. Kimberly and Carole, board members and all those who volunteer their time and talents to help me accomplish this work of God's mercy!



Please patronize our underwriters who make this newsletter possible.

GRATEFUL THANKS to [Red Line Graphics](#), and [Homebound Properties](#)

The Mercy Messenger

is the newsletter of Healing Hidden Hurts, Inc., a non-profit, Christian-based, peer ministry offering individual abortion recovery for women.

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Please remember to pray everyday... for all those who have participated in abortion™!

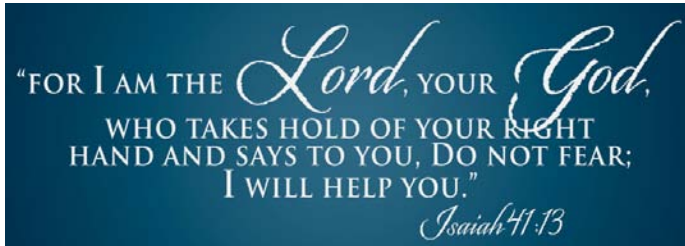
Flora's Story (continued from page 1)

there to heal...even when I didn't want to go.

I heard somewhere that we are only as sick as our secrets and I don't want any secrets with God. He already knows everything but I want us to have a relationship that is honest and clear and HHH helped me toward that journey.

The journey is safe; the journey is comforting and it can be life-saving! If you know someone who struggles with their past decision to have an abortion, or perhaps it is you who still feels that empty feeling....let God walk you through this journey to heal those hidden hurts. You will find rest for your weary soul!"

- Flora Wilsker



"The life of a Christian is nothing but a perpetual struggle against self; there is no flowering of the soul to the beauty of its perfection except at the price of pain." - St. Padre Pio

I am very grateful for all who faithfully support this ministry. Some are long time monthly donors, and some have joined us this year - even during these tough economic times! Praise be to God!!! Because of your generosity the ministry continues to help women in need of God's healing grace to recover and be reconciled with God, themselves and others. This ministry is non profit and is supported by donations only.

If you prefer ... you may also donate securely online at www.healinghiddenhurts.org

Memorial gift given by Tom and Anita Veldman in remembrance of **Paul Clarke**, former treasurer of Healing Hidden Hurts. May Paul now enjoy the abundant fruits of his thoughtful and life giving labors!

Please clip this form and return it to: *Healing Hidden Hurts *P.O. Box 532992 *Indianapolis, IN 46253*

HEALING HIDDEN HURTS Reply Form

I would like to be an **intercessory prayer partner** for this ministry. I want to pray that women may be restored and healed through the Grace and Mercy of God.

I understand that this ministry is non-profit, the **women are not charged** for the help they receive. I would like to help financially so you can continue this important work.

This is a one time gift of \$ _____ .

I will commit to \$ _____ each month for 12 months.

I will commit to \$ _____ quarterly.

Save postage... **no thank you necessary** - *One time gifts over \$250.00 will receive a receipt for tax purposes.*

I would like to distribute your brochures and newsletter in my area. My contact information is...

Name _____ Telephone _____

Address _____

Please list my donation as anonymous on annual report.

I would like to receive email updates of Prayer Requests and Praise Reports!
My email address is _____

Please remember to pray everyday... for all those who have participated in abortion"!

HEALING HIDDEN HURTS INC.

P.O. BOX 532992

Indianapolis, IN 46253

(317) 490-1267 all calls confidential

(800) 827-1617 toll free

www.healinghiddenhurts.org

Forwarding Service Requested

***Giving Love, Offering
Hope, and Healing
Hurts through the
Grace of God... One
Woman at a time!***

Many Thanks to those who gave me the opportunity to share my witness of **Hope and Healing!**

Rev. George Plaster—St. Mark Church, Parish Visit, Indianapolis

Rev. Bob Gilday—St. Therese, Parish Visit, Indianapolis

Patty Johnston—Immaculate Conception, Day Retreat, Portland

Monica Siefker—St. Paul Center, 40 Days for Life, Bloomington

Jean Zubaty—Shawe Memorial HS, Madison

Melinda Rivelli—St. Joan of Arc, Life Issues Panel, Indianapolis

Kathy Stadler—St. Elizabeth Ann Seton, Pro-Life Meeting, Carmel

Mary Dougherty—TEENS FOR LIFE forum, St. Guerin HS, Noblesville

Rev. Brian Dudzinski—St. John Vianney, Parish Visit, Fishers

Rev. Vince Lampert—St. Francis and Clare, Parish Visit, Greenwood

Chuck Weisenback—Roncalli HS, Day of Reflection, Indianapolis

Please consider an **END OF YEAR GIFT** to help support this ministry for wounded women! *"Blessed are the merciful, for they shall obtain mercy."*

May God bless you and yours with a very Merry Christmas!!!

Many Thanks to those who refer family, friends and clients to Healing Hidden Hurts!

Abundant fruit comes from Parish Visits ... people in the pews need to hear this message of God's Mercy!

From Presentation Evaluations...

"Personal Observation of interest—*It's a great ministry – you do a wonderful job of conveying your conversion & how healing has taken place in your life – very disarming if you will.* - Fr. Brian Dudzinski, St. John Vianney, Fishers

"How do you feel the congregation received the information?" *"The congregation was very attentive and engaged."* - Amy Richardson, Ss. Francis and Clare, Greenwood

"What gave Debbie's witness strength?" *"Her personal testimony and Scripture to back it up."* - Libby Thomas, St. Mark the Evangelist, Indianapolis

Please remember to pray everyday... for all those who have participated in abortion"!