



Holy Innocents!

We are no longer able to print the newsletter in color due to our limited funds. However, the eMessenger is in color, let us know if you would like to receive electronically!

A few weeks ago I spoke at a Prayer group in a family home in South Bend. After sharing my testimony I was describing each of the ten-steps in the program and shared how difficult it is for a mother to consider the 9th step 'The Child'.

It's usually difficult for her to ponder the humanity of the child, because then she must acknowledge that the child really existed and is now gone. In order for her to heal, she must look at the event and accept the truth and the horrible reality of what happened.

In Step 9 the mother is asked to name the child, thereby establishing relationship and bestowing dignity and honor to the child. Then she will entrust the child to our Loving Father. *"Fear not, for I have redeemed you; I have called you by name; you are mine."* Isaiah 43:1

When working with a mother during this step I will often share that her little one is with God. This child is filled with love for God and for the family here on earth and is waiting for the day when they can all be reunited. This is so comforting to the suffering mothers.

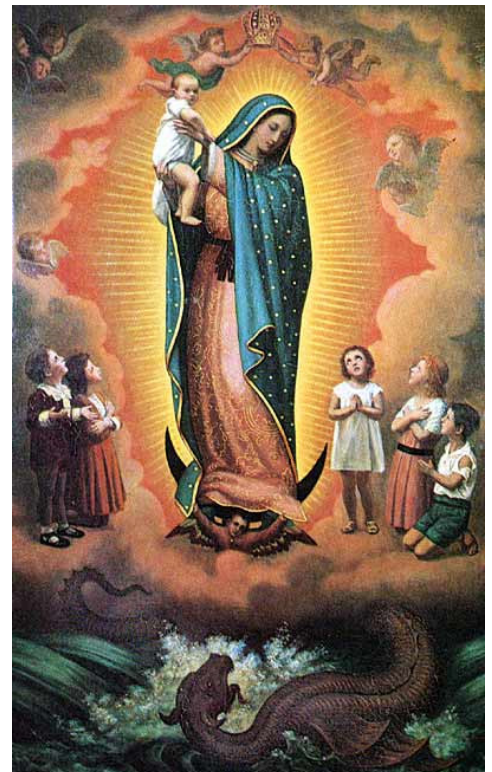
I encourage mothers to pray to their little saint in heaven. After all... who is better to intercede for us than those who love us and have gone before us and live in the presence of God day and night?

Often I encourage mothers to write a letter to the child, which helps her to think and put to words those thoughts and feelings that need to be expressed. This is usually very difficult...., but oh how beneficial it is to the mother. Real transformation takes place during this step.

Often during this step the Holy Spirit will give the mother a special confirming grace that will grant her the peace that surpasses all understanding. She will know without a doubt...that all is well!

After giving my talk a gentleman named John came and shared his story with me - an encounter he had that seemed to confirm what I just shared with the group. He later sent me a copy of his story and gave permission to edit and share with you.

His brother and wife had a child who lived for 56 days then died. The whole family prayed and believed that God would save the child...but God's ways are not our ways. I hope you enjoy what the Lord revealed to John...



Pray EVERYDAY for those "wounded by abortion"!



Healing Hidden Hurts

How it began...how you can help

by Debbie Miller

In 1999 **Healing Hidden Hurts** began after many years of prayer and discernment. I guess it was because of my own abortion many years earlier.

For approximately 10 years afterwards I suffered in silence, not realizing the abortion was the cause of my pain. When I reached a point where I had impulses to commit suicide, I remembered God and when I called for help, He came immediately.

A few years later I attended a **Christ Renews His Parish** weekend for women and it changed my life. In the years following my conversion I felt the need to help protect women and the unborn from abortion because I knew how they would be hurt.

I went to the abortion mills to pray. I would see the women going in and would feel overcome with a great sadness, because I knew their lives would never be the same. They had no idea what they were getting themselves into, and how much they would regret this choice one-day.

After a period of time, the Lord made it clear that He was calling me into post-abortion ministry. My own abortion and recovery experience would offer hope to others, since I could understand their pain and knew the hope to be found in Christ Jesus.

Since I began doing ministry I have discovered that abortion recovery is really a life-long process. That is why the message must reach women that abortion is a life-changing, traumatic event.

Four thousand women a day are falling for the lie our society promotes...that abortion is an option for birth control, that it is a safe, simple procedure that has little or no negative effects afterwards.

Women are often so hurt, broken and devastated after abortion they cannot speak about their experience for many years, until they find healing.

How can you help? Share the truth that abortion hurts women and men. Then join us to plant seeds of mercy and pick up the pieces of those who did not hear the message!

Upcoming Events

September 20/21 -
Masses: St. Vincent De Paul Church, Shelbyville,
 Saturday 6:00 pm., Sunday
 7:45 am., & 10:15 am.

October 4/5 - **Masses: St. Anthony Church**, Indianapolis, Saturday 4:30 pm. English, 6:00 pm. Spanish (Translated), Sunday Masses: 8:30 am. Spanish (Translated), 11:30 am. English.

October 5 - **Mass: Holy Trinity**, Indianapolis, 10:00 am.

October 14 - **St. Louis deMontfort** in Fishers-*Respect Life* and *Knights of Columbus* co-sponsored Chili supper. Serving begins at 5:30 pm. Debbie will share her testimony at 7:00 pm. Free will offering will benefit *Healing Hidden Hurts*

November 8 - **Facilitator Training** - Is the Lord calling you to become a peer facilitator for women using this wonderful 10-step program? There is a great need for bi-lingual women also. Call for information or you can register online at www.healinghiddenhurts.org



The Mercy Messenger

is the newsletter of Healing Hidden Hurts, Inc., a non-profit, Christian-based, peer ministry offering one-to-one facilitation for women who are ready to begin the process of abortion recovery.

President – facilitator: Debbie Miller
 Spiritual Director: Rev. Vince Lampert
 Treasurer: Judy Chapman
 Secretary: Jean Knarr
 Board Members: Bob Rust, Eileen Hartman,
 Elizabeth Kane and Norbert Lindenmaier.

If you have questions or concerns, call or email
 Debbie Miller:
(317) 297-7578 all calls confidential
(800) 827-1617 toll free
Debbie@Healinghiddenhurts.org
www.healinghiddenhurts.org

Praise the Lord for the website...which brought to us a woman seeking help from Brazil. Two days later a woman I met for lunch shared that she and her husband lived in Brazil for a couple of years and she speaks Portuguese. Wow! I was able to connect these two women. The rest is up to the Lord!



St. Joan of Arc Day of Reflection bears fruit...A woman came forward to begin the 10-step program and a parish invited me to speak at their Masses in the coming months. Thanks be to God!

A big Thank you...to those who sent donations and stamps. Our funds are very low...please consider making a monthly commitment to help us throughout the year. The ministry is free...we rely upon you!

Two Bilingual women have expressed interest in attending the Facilitator Training so far...Yeh!!!

Talk in South Bend results in two more women who wish to attend Facilitator Training in November.

Special thanks...to Patty Johnston who placed the ad below in her parish bulletin. A woman came forward the following day to begin the healing program in her area. Thank You and Praise You Lord! come.

Please consider placing the following **advertisement** in your Church bulletin...**it works!**

Healing Hidden Hurts is a ministry of healing for women wounded by abortion. This is a confidential, one-to-one, 10-step process that brings freedom and peace whether it has been 1 or 30 years. Call Debbie Miller (317) 297-7578 or (800) 827-1617. * All calls are confidential; there is no fee. *



Needed: In Kind Donations of...stamps, thank you cards, gas cards, Office Depot gift cards. We also need a small projector for PowerPoint presentation at the Facilitator Training. **Thanks in advance!**

HEALING HIDDEN HURTS Giving Opportunities Reply Form

- I would like to be an **intercessory prayer partner** for this ministry. I want to pray that women may be restored and healed through the Grace and Mercy of God.
 - I would like to distribute your brochures and newsletter in my area.
 - I understand that this ministry is non-profit, the **women are not charged** for the help they receive. I would like to help financially so you can continue this important work.
 - This is a one time gift \$ _____ .
 - I will commit to \$ _____ each month for 12 months.
 - Please list my donation as anonymous on annual report.
 - Save postage...**no thank you necessary** - One time gifts over \$250.00 will receive a receipt for tax purposes.
- Name _____ Address _____
street city zip
- Signature _____ Telephone _____
- Please remove me from your mailing/email list
 - Please list my donation as anonymous on annual report
 - I would like to receive email updates of Prayer Requests and Praise Reports!
My email address is _____

Please clip this form and return it to: *Healing Hidden Hurts *P.O. Box 532992 *Indianapolis, IN 46253*

Pray EVERYDAY for those "wounded by abortion"!



Facilitator Training Q & A

Q. I am interested in becoming a facilitator, but I haven't had an abortion. Would I be a good facilitator since I don't have that shared experience?

A. Yes, you could be a very good facilitator. Some women have watched someone they love self destruct after abortion, and they are motivated to help others who are ready to begin recovery. Your wholeness is strength and a model for women who are seeking the same.

Q. I have had an abortion, and I want to help other women since I understand their pain, what do I need to do after attending the training?

A. Any woman who has had an abortion must go through the 10-step program as a client before she can take another through the program as facilitator. This will help you to begin the healing process as well as give you an example of how to facilitate others.

Q. I don't have a degree or any experience in counseling, do I have what it takes?

A. The guidebook we use is a therapy model made specifically for a lay person to accompany another on the road to recovery. The model is complete and very thorough, what you bring is the human touch...your faith, your prayers, your compassion, your listening ear and compassionate touch.

Q. How do I know if my faith is strong enough?

A. This ministry is a work of the Holy Spirit. The facilitator should be a woman of prayer who is docile to the Holy Spirit. Each woman you work with will be different, but He will know what she needs. The Holy Spirit will work with the woman going through the steps, and lead you as you work with her, but faith and prayer are key ingredients as you accompany her on the healing journey.

Q. What if I have questions that arise while taking a woman through the 10-step program?

A. Debbie is always available to help facilitators who may have questions or concerns as you work with a woman going through the program. There are times when you may need to speak with someone who has more experience. During the 'Training' other facilitators will also be present. We often share what we have learned while helping others. The more you know... the more you grow!

HEALING HIDDEN HURTS MINISTRY

P.O. BOX 532992

Indianapolis, IN 46253

healinghiddenhurts.org

(317) 297-7578 **all calls confidential**

(800) 827-1617

***Giving Love, Offering
Hope, and Healing
Hurts through the
Grace of God... One
Woman at a time!***

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