

# The Mercy Messenger

Volume 4, Issue 3

Fall 2006

## God's Merciful Love

Debbie Miller

From my vantage point I see that the pro-life message can sometimes be counter productive in our parishes. With balance the message can be more effective in achieving our common goal... that of ending abortion. In this article I would like to share some of the things I have learned over the years from the women and men who have been wounded by abortion.

When abortion is spoken about in our churches it is usually to drive home the point of how wrong it is. It is a great evil!

Those who are suffering will be reminded of their sin and will feel condemned, even though they may have repented and tried to accept God's forgiveness, they may be stuck.

They often confess this sin over and over again, because they continue to suffer even though they have truly repented.

Most say that to hear or see the "A" word is like having a knife thrust in their heart!

They often feel that God is out to get them... and their loved ones...they are afraid of God!

They feel they do not deserve Gods love, and this sin is too great to merit forgiveness.

They usually take on the whole burden of guilt even when they were forced, or were threatened with violence.

They may be resigned to suffer because they feel it is deserved, it is justice.

They can forgive everyone else who participated, but they cannot forgive themselves.

The pain is clearly visible in their demeanor, yet they will wait until they are nearly crushed before seeking help with heavy

While the abortion need to be needs to balanced

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message of God's Mercy, so those who may be suffering can... with God's grace continue toward healing.

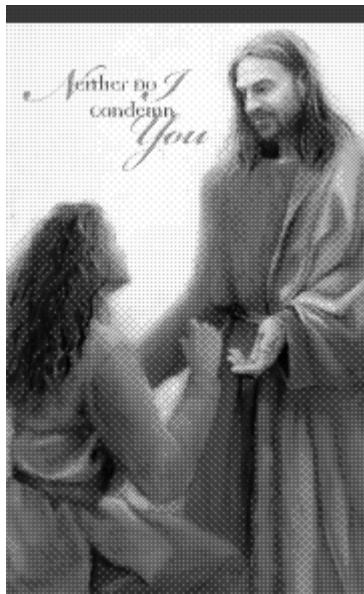
Each abortion has so many victims. It is so final and the regrets last forever. It carries lifetime consequences which carry into eternity.

If you've already made the 'poor choice' of abortion, know that God's Mercy and forgiveness is available and waiting for you.

This one-to-one confidential peer ministry offers a process where you will encounter the great Mercy of God. His personal love for you, and His tender compassion.

God understands your past, but He also knows your future. It is a future filled with hope. Turn to God and trust in His Mercy. He loves you and will meet you where you are. You are worthy of His love! He has already paid the price for your sin, all you have to do is accept His Mercy and forgiveness, but sometimes we need the help of another on this journey.

God is such a loving Father. He is the Father of Mercies, and "His Mercy triumphs over justice," and "His Mercy endures forever!", for God is Merciful Love. Isn't that good news!!!



Pray EVERYDAY for those "wounded by abortion"!

## Healing Hidden Hurts

Recovery Ministry for Women

How it began...how you can help

by Debbie Miller

**Healing Hidden Hurts** began in 1999 after many years of prayer and discernment.

In 1977 I had an abortion and because of denial, I suffered in silence for ten years not realizing the abortion was the cause of my pain. When I reached a point where I had impulses to commit suicide I remembered God, and when I turned to Him, He came immediately.

A few years later I attended a **Christ Renews His Parish** weekend for women and it changed my life. After my conversion I felt compelled to help protect women and their unborn babies from abortion because I knew how they would be hurt.

I went to the abortion mills to pray for them. I would see the women going in and would feel overcome with great sadness, because I knew their lives would never be the same. They had no idea what they were getting themselves into, and how much they would regret this choice one-day.

After a period of time, I realized the Lord was calling me into post-abortion ministry. My own abortion and recovery experience would offer hope to women. I could understand their pain and with loving compassion and the Grace of God lead them through the 10-step recovery process.

Since I began doing ministry I have discovered that abortion recovery is really a life-long process. That is why it's so important that the message reach women that abortion is a life-changing, traumatic event.

Four thousand women a day are falling for the lie our society promotes...that abortion is birth control. That it is a safe, simple procedure that will take care of your problem. Women are often so hurt, broken and devastated after abortion that they cannot speak about their experience for many years, *until* and *if* they find healing. How many souls are lost from abortion?

How can you help? Share the truth that abortion hurts women. Become a stealth healer. Then join us to help pick up the pieces for those who did not hear the message.

## How to be a Stealth Healer?

*You don't have to talk to people about their abortion to spread post-abortion healing. You don't even have to know if someone has had an abortion.*

*In every case, the goal of a stealth healer is merely to **plant a seed** that can lead to future healing for others. In a simple, conversational way, stealth healers cover the following three points.*



- ❖ They announce that they have come to a new **understanding** of the abortion issue, including why people choose abortion and how it affects them.
- ❖ They express **compassion** for post-aborted women and men, realizing that they must constantly face the fear that others may be judging and condemning them.
- ❖ They give **hope** as they describe how they have heard of new programs that help women and men find freedom from the burdens of secrecy and shame associated with past abortions.

*Portions of this article were adapted from The Jericho Plan: Breaking Down the Walls Which Prevent Post-Abortion Healing, by David Reardon (Springfield, IL.; Acorn Books, 1996)*

### The Mercy Messenger

is the newsletter of Healing Hidden Hurts, Inc., a non-profit, Christian-based, peer ministry offering one-to-one facilitation for women who are ready to begin the process of abortion recovery.

President – facilitator:	Debbie Miller
Spiritual Director:	Rev. Vince Lampert
Treasurer:	Paul Clarke
Board Members:	Bob Rust, Bobbie Lawless, Jean Knarr, Michael O'Rourke, Eileen Hartman, Elizabeth Kane and Karla Cockman

If you have questions or concerns, call or email Debbie Miller:

**(317) 297-7578 all calls confidential**  
**healinghiddenhurts@mail.inct.net**

*Thank you...for those who came forward with support for our Heroine who gave birth in September. I was very pleased to be able to help her with financial assistance that you provided, as well as the valuable professional assistance, and the many other little gifts. The baby has since been baptized, what a blessing! May God pour forth His blessings upon you for your generosity! She and her family are very grateful too!!*

*And thanks too...for those who support us so faithfully with your monthly pledge of support. Because of you, we can offer a helping hand to women at no charge.*

*Thanks to those... who have offered opportunities for me to share my witness. May more come in the future to glorify God's Mercy, and offer hope to those with heavy burdens.*

In October I lost the space at the Marian Center where I met with women for ministry. Another place has been offered to me in St. Anthony's parish. I will need to paint and furnish the room. I need a love seat and a comfortable chair, a side table and a floor lamp. I am depending on your help, may God provide. Donations would also be helpful for the extra's.

Some have recommended that we use color and a better quality paper for the newsletter. If anyone could offer these services free of charge, or at a discount I would be most grateful! An end of the year gift would be a tremendous blessing. *Thanks in advance for all you do to support this work, may God bless you with every heavenly gift, now and forever!*

## ***HEALING HIDDEN HURTS***

### ***Giving Opportunities Reply Form:***

I would like to be an **intercessory prayer partner** for this ministry. I want to pray that women may be restored and healed through the grace and mercy of God.

I would like to distribute your brochures and newsletter in my area.

I understand that this ministry is non-profit, the **women are not charged** for the help they receive. I would like to help financially so you can continue this important work.

I will commit to \$\_\_\_\_\_ each month for 12 months.

This is a one time gift \$\_\_\_\_\_ .

Name \_\_\_\_\_ Address \_\_\_\_\_  
street city zip  
 Telephone \_\_\_\_\_

Save postage...**no thank you necessary** - All gifts over \$100.00 will receive a receipt for tax purposes.

I would like to receive email updates of Prayer Requests and Praise Reports!

My email address is \_\_\_\_\_

Please clip this form and return it to: *Healing Hidden Hurts \*P.O. Box 532992 \*Indianapolis, IN 46253*

Pray EVERYDAY for those "**wounded by abortion**"!

## ***Praise report for 2006:***

- *Our Heroine gave birth in September to a healthy little boy, and she is so thrilled and grateful for this child and also for the love, generosity and support she has received. God bless you!*
- *Debbie shared her witness at the meeting of the **Catholics United for the Faith** in October.*
- *Debbie shared her witness at the **St. Joan of Arc** retreat in October along with 3 other women. It was a blessing and brought women from as far away as Columbus Ohio. Thanks to **Catholic Radio 89.1 FM** for making it possible to advertise live on air!*
- *Debbie shared her pilgrimage to Poland with her fellow **Missionary Servants of the Gospel of Life**, at Holy Rosary Catholic Church in October.*
- *Our first **Facilitator Retreat** will be held in November. It will be a day of **Praise to God** for the gift of ministry, **Prayer** for those wounded by abortion, and **Fellowship** with those in ministry.*
- *Upcoming speaking opportunities.*
  - St. Patrick's Catholic Church in Kokomo, Indiana, Debbie will be speaking at all the weekend Masses January 20/21.*
- *Please consider placing the following **advertisement** in your church bulletin...*

**Healing Hidden Hurts** is a ministry of healing for women wounded by abortion. This is a confidential, one-to-one, 10-step process that brings freedom and peace whether it's been 1 or 30 years. Call Debbie Miller at 317 297-7578. All calls are confidential; there is no fee.



*I will bless the Lord at all times, His Praise shall continually be in my mouth!*

### **HEALING HIDDEN HURTS**

**P.O. BOX 532992**

**Indianapolis, IN 46253**

(317) 297-7578 all calls confidential

***Giving Love, Offering  
Hope, and Healing  
Hurts through the  
Grace of God... One  
Woman at a time!***

Pray EVERYDAY for those "wounded by abortion"!